



“Come with a **Purpose**, Leave with a **Plan**”

Weekly SMART Recovery Group Thursday evenings, 6.30pm at
Darwin Waterfront CDU Building.

(Room WFD 3.09 on the third level)

Relaxed and friendly environment



SMART Recovery stands for Self-Management and Recovery Training

SMART is a set of Recovery tools and skills and a weekly 90 minute group that aims to provide participants with support and strategies to aid with long-term recovery from addictive behavior.

For more details please contact Banyan House 89427400.